



Radisson Fort McDowell Resort & Casino
10438 North Fort McDowell Road
Scottsdale/Fountain Hills, AZ 85264
SpaSupervisor@RadissonFortMcDowellResort.com
Phone 480.789.5335
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Spa Services Hours of Operation

9:00 A.M. to 5:00 P.M. daily, summer hours may vary

The Fitness Center can be accessed 24 hours a day with your Resort guestroom key. The Fitness Center is available to Spa service guests during Spa Hours of operation only. Non-Resort & Spa Service guests may use the fitness equipment & pool areas for a \$15.00 per day service fee. Monthly memberships are available for a \$25 Monthly fee for seniors (over 55), \$45 monthly fee for singles, \$65 monthly fee for couples, or \$85 monthly fee for a family of three. All Spa, Fitness Center and Pool guests under age of 18 must be accompanied by an adult. The pool area is available to Spa service guests from 7:00 A.M. to 11:00 P.M. daily and is not attended by a lifeguard. The pool may close due to inclement weather or unforeseen conditions or obligations at the Resort's discretion.

Reservations and Cancellations

Spa reservations are strongly recommended to ensure your desired treatment time. To reserve your appointment please call 480.789.5335. We will make every effort to accommodate walk-in guests based on availability. All services may be billed to your room, paid for with a major credit card, Resort gift certificate or cash. Spa gift certificates may be purchased through the Radisson administrative office at 480.789.5340. We recommend that you adhere to the cancellation policy. Please give a 24 hour cancellation notice to avoid being charged for the full cost of the scheduled Spa service. Guests must be at least 18 years of age to have a private Spa treatment. Spa services for those 17 years or younger are at the Resort's discretion and a legal guardian must be present. Packages and other event packages will require advance reservations and will include a 20% gratuity.

Arrival

Please arrive 10 minutes prior to your scheduled service. Should you arrive late your treatment time will be modified so the next guest will not be inconvenienced. Late arrivals will not receive an extension of service time. Showering is recommended prior to your Spa visit to facilitate oil penetration. Facial and body shaving should be avoided for a minimum of four hours prior to services to avoid irritation. Sun exposure should be avoided for 24 hours after facial treatments. Any health concerns should be mentioned at check-in and then brought to the attention of the therapist to avoid any contraindications. If you are or may be pregnant please advise your therapist prior to receiving your service to avoid any contraindications or uncomfortable positions. If you are receiving multiple Spa treatments the Spa will provide you with a robe and Spa slippers. You will be discreetly draped at all times. Cell phones, pagers, alcohol and smoking are all prohibited in the Spa and Fitness Center areas. Please refrain from bringing any valuables with you to the Spa, Fitness Center or pool areas.

Spa charges and policies are subject to change without notice.

Massages

Swedish Massage – Long, gliding, light pressure strokes are used to improve circulation and increase muscle tone and relaxation.

30 minutes: \$90

60 minutes: \$110

90 minutes: \$175

Deep Tissue Massage – Moderate to deep therapeutic techniques are used to reduce muscle aches and tension from exertion and/or stress.

30 minutes: \$100

60 minutes: \$120

90 minutes: \$185

Sports Massage – This massage is used to facilitate muscle recovery and to enhance performance geared towards work outs and physical exertion.

60 minutes: \$120

90 minutes: \$185

Golfer's Fitness Massage – A massage geared towards the muscle groups associated with playing your favorite sport. This massage will expedite after game recovery or can be tailored for conditioning muscles that will be used to play golf.

60 minutes: \$120

90 minutes: \$185

Aromatherapy Massage – A custom blend of essential oils will be used for your specific needs. Long, soothing strokes will be used to help relieve tension and stress and promote a sense of relaxation.

60 minutes: \$120

90 minutes: \$185

Stone Massage – Your therapist will enhance your massage by placing oiled and heated stones on your body to penetrate the deeper layers of your muscles. Gentle, long, smooth strokes will follow to ensure the ultimate relaxation.

60 minutes: \$135

90 minutes: \$185

Maternity Massage – A wonderful full-body massage for the mother-to-be. Mom can experience a relaxing and bonding moment with your baby while relaxing those muscles and discomforts that occur from your body changes.

60 minutes: \$120

90 minutes: \$185

Reflexology – A centuries old massage based on ancient Chinese medicine to enhance overall general health. Pressure is applied to the foot and ankle areas to reduce fatigue and improve circulation and well being. A foot exfoliation will be included in a 60 minute treatment.

30 minutes: \$90

60 minutes: \$110

Herbal Infusion Poultice Ritual – A Native American, relaxing and detoxifying treatment. This ritual uses a poultice of desert herbs and cactus to sooth and calm the entire body while helping and expediting the elimination of toxins. Step into a world of total relaxation, a cocoon filled with organic herbs is used to eliminate toxic build up, congestion and reduce inflammation.

60 minutes: \$175

Esthetics & Skin Care



For over 40 years, Thalgo has been a true innovator in the world of Marine Beauty. Experience and knowledge of the sea have placed Thalgo at the forefront of International Spa Therapy, since its creation in 1968. Thalgo has become a worldwide recognized brand for their development of unique techniques to harness the powerful riches of the sea for aesthetic use. The following facial treatments will contain products formulated by Thalgo.

Body Contouring Wrap – This body treatment uses algae with marine and plant extracts to strengthen the skin’s elasticity which smoothes and helps diminish fatty deposits. This is a wonderful treatment for post pregnancy or after some weight loss to enhance your silhouette, and tighten hips and thighs.

60 minutes: \$180

Hydrating Facial – This relaxing, stress-releasing facial is the perfect way to unwind and refresh. This facial is an intense hydration treatment for dry to very dehydrated skin. It helps the skin regain its moisture for softer, smoother and firmer skin. Facial also includes a massage of the face, neck, shoulders, arms and hands.

60 minutes: \$110

Bio Marine Facial – This facial will help combat the signs of aging, including fine lines and wrinkles. The treatment combines hydrating serums and a heated mask to tighten and firm your skin. The unique mask is formulated with anti wrinkle extracts to rehydrate and redefine aging skin.

60 minutes: \$120

Oxygen Facial – This facial is ideal for dull sallow skin. The treatment incorporates natural AHA’s and marine based BHA’s for a gentle brightening effect. Your skin will look younger and will feel fuller, firmer, smoother and more radiant. This facial is recommended for individuals who are smokers or frequent travelers

60 minutes: \$120

Acne Facial – Acne is a skin condition that affects those individuals with oily skin and hormone imbalances. Acne results when skin oils accumulate below keratin plugs resulting in a blockage of the hair follicle. This treatment combines natural essential oils that have an antibacterial effect and a marine algae masque that rebalances oily skin to reduce inflammation and oil production.

60 minutes: \$130

Amethyst Facial – Amethyst is the ‘stone of spirituality and contentment.’ Enjoy a luxurious facial which incorporates locally mined amethyst gems from the nearby mountain range of the Four Peaks. It is believed that this stone enhances intuition and helps attune one with their higher self.

60 minutes: \$130

Gentleman’s Facial – Our skin care experts will design a facial for your specific skin type that will assist in reducing irritation caused by shaving or may include a detoxification process to remove toxins built up from excessive traveling or a fitness-related lifestyle.

60 minutes: \$110

Back Facial – An appropriate mask is selected depending on your individual skin type and needs to ensure the ultimate cleansing of this hard-to-reach area. The mask will draw impurities and toxins out of the epidermis leaving the skin healthier and vibrant.

60 minutes: \$130

Waxing Services

Lip: \$20

Chin: \$20

Brow: \$30

Underarm: \$30

Bikini: \$50

½ leg: \$50

Full leg: starting at \$60

Back: starting at \$50

Chest: starting at \$50

Arm: starting at \$40

Salon Services

Spa Manicure: Our classic manicure including a luxurious hand exfoliation and massage.
\$45

Spa Pedicure: Our classic pedicure including a luxurious foot and leg exfoliation and massage.
\$55

Marine Manicure: Our classic manicure upgraded with a reactivating treatment cream with sea extracts and a cooling, rejuvenating masque that uses conditioning mineral clays and soothing botanicals to enhance and hydrate the skin.
\$55

Marine Pedicure: Our classic pedicure upgraded with a reactivating treatment cream with sea extracts and a cooling, rejuvenating masque that uses conditioning mineral clays and soothing botanicals to enhance and hydrate the skin.
\$65

French Manicure: \$55 **French Pedicure:** \$65

Nail Polish Change: \$15 **Paraffin:** \$15

Make Up Application – Custom chosen colors will be applied on your complexion by your make up artist.
Starting at \$55

Spa Day Packages

The Verde River Experience

For a quick get away enjoy our 60 minute Swedish Massage along with our 30 minute Hydrating Facial. Replace the Swedish massage for a Deep Tissue massage for only \$10 more.

1 Hour & 45 minutes: \$185

The Red Mountain Hike

Our spa therapists will guide you through a relaxing day with a 90 minute Swedish Massage, a 60 minute Hydrating Facial and ending with a Spa Manicure and Pedicure.

4-½ Hours: \$310

Journey Up The Four Peaks

What a relaxing way to spend the day! Your journey will begin with and 90 minute Stone Massage, a 60 minute Amethyst Facial with amethysts mined from the local Four Peaks mountain, and a Marine Manicure and Pedicure.

4-½ Hours: \$360